

MONDAY



MAIN MEAL

LEMON & HERB PIRI PIRI CHICKEN

Spicy Rice

VEGETARIAN MEAL

PIRI PIRI QUORN

Macho Peas & Spicy Rice





TUESDAY

MAIN MEAL

CLASSIC BEEF LASAGNE

Garden Salad & Homemade Garlic Bread

VEGETARIAN MEAL

VEGETABLE & MIXED BEAN LASAGNE

Garden Salad & Homemade Garlic Bread



WEDNESDAY



MAIN MEAL **HONEY GLAZED ROAST** **GAMMON**

Crisp Roast Potatoes, Seasonal
Vegetables, House Gravy

VEGETARIAN MEAL **ROASTED SQUASH & FETA** **PIE**

Seasonal Vegetables or Salad





THURSDAY

MAIN MEAL

CREAMY CHICKEN KORMA

Served with Rice

VEGETARIAN MEAL

CRUNCHY TOPPED MACARONI CHEESE

House Salad or Seasonal
Vegetables





FRIDAY

MAIN MEAL

**CHIP SHOP 'FRYDAY' FISH,
PIZZA OR FISHCAKE**

Chips, Peas & Tartare Sauce

VEGETARIAN MEAL

**CRISPY ONION PAKORA
BURGER**

Mango Chutney & Garden Peas



MONDAY



MAIN MEAL

TRADITIONAL SAUSAGE & MASH

Onion Gravy

VEGETARIAN MEAL

VEGAN SAUSAGE & MASH

Onion Gravy





TUESDAY

MAIN MEAL

**CREAMY GARLIC CHICKEN
& MUSHROOM PASTA**

Garden Salad

VEGETARIAN MEAL

**NO WASTE CAULIFLOWER
CHEESE PASTA BAKE**

Garden Salad



WEDNESDAY



MAIN MEAL

ROAST TURKEY

Crisp Roast Potatoes, Seasonal
Vegetables & House Gravy

VEGETARIAN MEAL

CHEESE, LEEK & POTATO PIE

Seasonal Vegetables





THURSDAY

MAIN MEAL

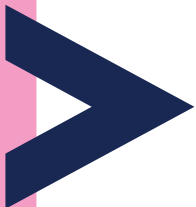
TERRIYAKI BEEF

Carrot Rice

VEGETARIAN MEAL

CHINESE VEGETABLE STIR FRY

Carrot Rice





FRIDAY

MAIN MEAL

**CHIP SHOP 'FRYDAY' FISH,
PIZZA OR FISHCAKE**

Chips, Peas

VEGETARIAN MEAL

1/4LB QUORN BURGER

Ranch Slaw, Chips & Peas



MONDAY



MAIN MEAL

KUNG PAO CHICKEN

Wholegrain & White Egg Fried Rice

VEGETARIAN MEAL

ASIAN VEGETABLE, SOYA BEAN & NOODLE STIR FRY





TUESDAY

MAIN MEAL

BEEF & TOMATO RAGOUT

Wholegrain Pasta, House Salad

VEGETARIAN MEAL

PLANT BASED BOLOGNAISE

Wholegrain Pasta, House Salad



WEDNESDAY



MAIN MEAL

ROAST SHOULDER OF PORK

Crisp Roast Potatoes, Seasonal
Vegetables & House Gravy

VEGETARIAN MEAL

SMASHED BUTTERNUT SQUASH MAC AND CHEESE

Slaw, Garden Salad





THURSDAY

MAIN MEAL

CHICKEN MAKHANI CURRY

Braised Pilau Rice

VEGETARIAN MEAL

EGG PLANT KATSU CURRY





FRIDAY

MAIN MEAL

**CHIP SHOP 'FRYDAY' FISH,
PIZZA OR FISHCAKE**

Chips, Peas & Tartare Sauce

VEGETARIAN MEAL

**CHICKPEA, CARROT &
SESAME BURGER**

Asian Slaw, Chips & Peas

